

Better Health TV Program Schedule

January 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Midnight	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Midnight
12:30 AM								12:30 AM
1:00 AM	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	It Is Written Canada	1:00 AM
1:30 AM							Secret Life Series	1:30 AM
2:00 AM	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	2:00 AM
2:30 AM	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Receiving the Word	2:30 AM
3:00 AM	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Great Controversy	3:00 AM
3:30 AM	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Native New Day	3:30 AM
4:00 AM	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	Knowing God	4:00 AM
4:30 AM	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime		4:30 AM
5:00 AM	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	It's in the Bible	5:00 AM
5:30 AM	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	The Heaven's Declare	5:30 AM
6:00 AM	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	Revelation Speaks Hope	6:00 AM
6:30 AM	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade		6:30 AM
7:00 AM	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	Puppet Parade	7:00 AM
7:30 AM	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Janice's Attic	7:30 AM
8:00 AM	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	8:00 AM
8:30 AM	Taste of Paradise!	Taste of Paradise	Taste of Paradise	Taste of Paradise	Taste of Paradise	Taste of Paradise	Steps to Christ	8:30 AM
9:00 AM	Take Charge	Take Charge	Take Charge	Take Charge	Take Charge	Take Charge	Bible Answers LIVE	9:00 AM
9:30 AM								9:30 AM
10:00 AM	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	Secret Life Series	10:00 AM
10:30 AM							Music & Nature	10:30 AM
11:00 AM	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Doug Batchelor	11:00 AM
11:30 AM	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet		11:30 AM
Noon	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Help in Daily Living	Noon
12:30 PM	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	It Is Written	12:30 PM
1:00 PM	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Bible Seminar	1:00 PM
1:30 PM	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety		1:30 PM
2:00 PM	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Music & Nature	2:00 PM
2:30 PM	Body Battles	Body Battles	Body Battles	Body Battles	Body Battles	Body Battles	Stories of Faith	2:30 PM
3:00 PM	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	Revelation Speaks Hope	3:00 PM
3:30 PM	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar		3:30 PM
4:00 PM	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Puppet Parade	4:00 PM
4:30 PM	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	Music & Nature	Janice's Attic	4:30 PM
5:00 PM	Let's Cook Together	Let's Cook Together	Let's Cook Together	Let's Cook Together	Let's Cook Together	It's in the Bible	Amazing Health	5:00 PM
5:30 PM	Cook :30	Cook :30	Cook :30	Cook :30	Cook :30	Steps to Christ	The Heaven's Declare	5:30 PM
6:00 PM	Body & Spirit	Body & Spirit	Body & Spirit	Body & Spirit	Body & Spirit	It Is Written	Knowing God	6:00 PM
6:30 PM	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Music & Nature		6:30 PM
7:00 PM	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	See With New Eyes	Bible Variety	7:00 PM
7:30 PM	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made		Music & Nature	7:30 PM
8:00 PM	Life & Health	Life & Health	Life & Health	Life & Health	Life & Health	On Tour	See With New Eyes	8:00 PM
8:30 PM	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription			8:30 PM
9:00 PM	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Stories of Faith	It Is Written Canada	9:00 PM
9:30 PM						Amazing Health	Great Controversy	9:30 PM
10:00 PM	The Whole Message	The Whole Message	The Whole Message	The Whole Message	The Whole Message	Celebrating Life In Recovery	Ultimate Prescription	10:00 PM
10:30 PM							Life & Health	10:30 PM
11:00 PM	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Revelation Speaks Hope	Celebrating Life In Recovery	11:00 PM
11:30 PM	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living			11:30 PM

DVD copies are available for many of these programs. For more info please call (541) 474-3089.