

# Better Health TV Program Schedule

# May 2025

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Midnight	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Bible Seminar	Midnight
12:30 AM								12:30 AM
1:00 AM	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	Stop Smoking Clinic	It Is Written Canada	1:00 AM
1:30 AM							Secret Life Series	1:30 AM
2:00 AM	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	2:00 AM
2:30 AM	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	2:30 AM
3:00 AM	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	3:00 AM
3:30 AM	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	3:30 AM
4:00 AM	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	4:00 AM
4:30 AM	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	4:30 AM
5:00 AM	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	Fountainview Academy	5:00 AM
5:30 AM	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	5:30 AM
6:00 AM	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	Janice's Attic	6:00 AM
6:30 AM	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade	Puppet Parade	6:30 AM
7:00 AM	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	New Body & Spirit	7:00 AM
7:30 AM	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	7:30 AM
8:00 AM	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	Music & Nature	8:00 AM
8:30 AM	Taste of Paradise!	Taste of Paradise	Taste of Paradise	Taste of Paradise	Taste of Paradise	Taste of Paradise	Taste of Paradise	8:30 AM
9:00 AM	Take Charge	Take Charge	Take Charge	Take Charge	Take Charge	Take Charge	Take Charge	9:00 AM
9:30 AM								9:30 AM
10:00 AM	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	3ABN Cooking	10:00 AM
10:30 AM								10:30 AM
11:00 AM	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	Body & Spirit Aerobics	11:00 AM
11:30 AM	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	Naturally Gourmet	11:30 AM
Noon	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Bible Variety	Noon
12:30 PM	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	Health for a Lifetime	12:30 PM
1:00 PM	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	1:00 PM
1:30 PM	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety	Cooking Variety	1:30 PM
2:00 PM	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	2:00 PM
2:30 PM	Body Battles	Body Battles	Body Battles	Body Battles	Body Battles	Body Battles	Body Battles	2:30 PM
3:00 PM	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	Secret Life Series	3:00 PM
3:30 PM	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	Lifestart Seminar	3:30 PM
4:00 PM	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	Amazing Health	4:00 PM
4:30 PM	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	NEWSTART Now!	4:30 PM
5:00 PM	Let's Cook Together	Let's Cook Together	Let's Cook Together	Let's Cook Together	Let's Cook Together	Let's Cook Together	Let's Cook Together	5:00 PM
5:30 PM	Cook :30	Cook :30	Cook :30	Cook :30	Cook :30	Cook :30	Cook :30	5:30 PM
6:00 PM	Body & Spirit	Body & Spirit	Body & Spirit	Body & Spirit	Body & Spirit	Body & Spirit	Body & Spirit	6:00 PM
6:30 PM	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	Action 4 Life	6:30 PM
7:00 PM	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	Kickin' the Habit	7:00 PM
7:30 PM	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	Wonderfully Made	7:30 PM
8:00 PM	Life & Health	Life & Health	Life & Health	Life & Health	Life & Health	Life & Health	Life & Health	8:00 PM
8:30 PM	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	Ultimate Prescription	8:30 PM
9:00 PM	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	Celebrating Life In Recovery	9:00 PM
9:30 PM								9:30 PM
10:00 PM	The Whole Message	The Whole Message	The Whole Message	The Whole Message	The Whole Message	The Whole Message	The Whole Message	10:00 PM
10:30 PM								10:30 PM
11:00 PM	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	Help Yourself to Health	11:00 PM
11:30 PM	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	Abundant Living	11:30 PM

DVD copies are available for many of these programs. For more info please call (541) 474-3089.